

Carmen's Compassionate Care



Carmen Villalobos joined the Guadalupe Clinic two years ago, motivated by our mission to help the underserved. With deep compassion for people including the homeless community and those facing mental health challenges, she felt this was the right place for her.

Carmen connects with every patient, making them feel welcomed and understood. She loves coming to work each day, striving to help as many people as possible. As our admissions coordinator, she takes great pride in her role and the difference she makes in the lives of others.

At the Guadalupe Clinic on St. Francis, the commitment to patient care goes beyond physical health. One early morning, a patient arrived visibly distressed breathing heavily, teary-eyed, and disoriented. He sought a walk-in appointment, believing he was experiencing complications related to his diabetes. As staff members worked to fit him into the schedule, he stepped outside, overwhelmed with emotion.

Carmen, a dedicated team member, followed him and found him in the parking lot, struggling to breathe and in a state of panic. During their conversation, it became clear he was having a panic attack. He shared feelings of isolation and a looming sense of dread. Although he had previously been on medication for anxiety, he had stopped, thinking he had overcome his challenges.

Together, Carmen and the patient practiced coping strategies, including counting backward from ten and deep breathing exercises. After a few minutes, he began to calm down, though traces of panic remained. In a moment of compassion, Carmen asked if he needed a hug. His heartfelt response, "Please!" underscored the importance of human connection. After a reassuring hug, he felt significantly better and even called the next day to express his gratitude.

This experience highlighted the cultural stigma surrounding mental health, where many are taught to overlook their struggles. Carmen reminded him that at the Guadalupe Clinic, support is always available, emphasizing that seeking help is a sign of strength, not weakness.

As a community, the Guadalupe Clinic continues to foster an environment where patients feel safe to share their concerns, knowing that the compassionate staff is always ready to help. Together, they aim to break the silence around mental health and encourage everyone to seek the support they deserve.

Mission

s missionary disciples of Christ, and with other people of good will, Guadalupe Clinic works to provide access to quality health care for people in need.

Locations

South St. Francis 940 S. St. Francis Wichita, KS 67211 (316) 264-6464

South Hillside 2825 S. Hillside Wichita, KS 67216 (316) 201-1986

Guadalupe Clinic Board

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Smiles Reimagined:

The Inspiring Collaboration Between Sheer Dentistry and Guadalupe Clinic

One of our patients, grappling with an autoimmune condition that causes debilitating dryness in her eyes, mouth, and beyond, faced an overwhelming challenge — Years of persistent mouth dryness led to severe cavities, ultimately resulting in the loss of her teeth.

In this difficult time, Sheer Dentistry, one of our dedicated partner dental offices, stepped forward with compassion. After a thorough assessment, their team determined that none of her remaining teeth could be salvaged. In a generous gesture, they offered to reduce the cost of dentures from \$1600 to \$800.

Despite this significant discount, the patient could not manage the \$800 expense. Understanding her plight, Dr. Sheer's office contacted us for help. We were moved by the situation and eagerly stepped in to cover the cost of the dentures, ensuring the patient could receive the care she desperately needed.

This story is a testament to the power of community and the incredible support within our network. Our heartfelt thanks go out to Sheer Dentistry and everyone involved in making this vital assistance possible.

The Remarkable After Photo:





Cynthia Eck
Marianne T. Johnston
Ronald Lacy
James P Loeffler
Carmen Powel
M.K. Regan
Linda L. Talbott
Serita M. Theis
Michelle L. Vaughn

Alice Wiggins

In Loving Memory

Guadalupe Clinic wishes to honor special friends we have lost this year, who remembered us through memorial gifts. Please remember them in your prayers.

Alice Wiggins



We mourn the loss of a beautiful soul,
Alice Wiggins, one of Guadalupe
Clinic's six founding nurses. In 1985,
Alice helped establish our first health
screening station, laying the foundation
for the compassionate care that defines
us today. Her unwavering dedication
and deep compassion leave an
enduring legacy that will continue to
inspire us all.

Guadalupe Clinic Christmas Gift Drive Spreads Holiday Cheer to Families in Need

This Christmas season, Guadalupe Clinic is excited to continue our tradition of supporting patients and their families with special holiday gift bags. This year, each pre-selected family will receive a festive gift bag that includes toys for every child in the home, along with a \$50 gift card to help with their holiday food needs.

Our caring medical staff personally connect with our patients throughout the year and carefully compile a list of families most in need for this special event. The pick-up will be a convenient drive-thru, ensuring that each family receives their gift bag in a safe and festive way.

We'll be wrapping gifts from December 9th through December 13th during our regular business hours, and we're asking for donations of NEW hats, scarves, gloves, socks, and toys for children of all ages. Gifts for teens are especially needed. Additional household items are also appreciated!

If you'd like to donate or volunteer to help wrap gifts, please reach out to Elizabeth Stewart at volunteer@guadalupeclinic.com. Together, we can make this season brighter for those who need it most!





Dr. Thomas Hays Memorial Award Recognizes Phillips Southern





Established in 1995, The Dr. Thomas Hays Family Award is reserved for those who have demonstrated overwhelming support and dedication to the mission and values of the Guadalupe Clinic.

This year, Clinic staff recognized Jason Phillips of Phillips Southern for his longstanding generosity and support of our mission at our Heart for Health Appreciation Dinner. A full-service medical clinic relies on strong partnerships to keep its operations running smoothly.

At Guadalupe Clinic, we are fortunate to have Phillips Southern as a dedicated partner. Jason Phillips and his father, Shane, have been invaluable to our mission, consistently stepping up to help.

When we needed lights replaced in our gym and hallways, they responded quickly and efficiently. Their support goes well beyond routine maintenance. This spring, when a power outage threatened thousands of dollars' worth of medication due to a loss of refrigeration, Jason took immediate action. Although Evergy took until late Sunday to restore power, our clinic required an electrician to ensure everything was functioning correctly.

Jason not only sent his electrician, Steve, to assist Evergy but also personally came down on Sunday night. Thanks to their efforts, power was restored within an hour, safeguarding our medications. Remarkably, we never receive a bill for any of their services.

Given their unwavering support and dedication to our mission, the Dr. Thomas Hays Family Award is a fitting recognition for Phillips Southern.

Bikes & Breakfast Bigger Than Ever!





Thanks to everyone who joined us for Bikes and Breakfast! We had an incredible turnout with over 120 participants. Guests had the option to enjoy either an 8-mile or a 35-mile bike ride, where they learned about the clinic and savored Molino's delicious breakfast tacos afterward.

Tom Sanders Receives Servant's Heart Award

The Marlene Dreiling Servant's Heart Award is given annually to honor a dedicated volunteer and commemorate the legacy of Marlene Dreiling, the Clinic's Executive Director, who passed away in 2012. This year's recipient, Tom Sanders, exemplifies these values of service and commitment.

A former executive director of the Robert J. Dole VA Medical Center, Sanders continues to volunteer, helping veterans navigate their health care. His contributions extend beyond his official roles as chairman of the clinic's board of directors and vice-chairman of the Strategic Management Planning Committee.

Since retiring, Sanders has dedicated even more time to community service, including volunteering with Meals on Wheels, The Lord's Diner, HumanKind, and more. He also drives veterans to the VA hospital and assists at A Better Choice, a crisis pregnancy center.

Recognized at the Heart for Health Appreciation Dinner, Sanders embodies the values of compassion and humility. His extensive volunteer work continues to make a lasting impact, just as Marlene Dreiling did. In his free time, he enjoys sports, yoga, and spending time with his wife, daughter, and grandchildren.



Donate Supplies Directly from Amazon



We've created a list of much needed items for you to donate - from medical supplies to office supplies! It's now easier than ever to donate in-kind items to Guadalupe Clinic while you shop.

With Amazon it's a breeze - just scan the QR code, pick which item(s) you'd like to buy (just like you would shop on Amazon), add them to your cart, and then Amazon will ship them to us on your behalf! All donations are tax-deductible and will be receipted by Guadalupe Clinic once received.



OTHER WAYS TO GIVE

MATCHING GIFTS

You can increase the impact of your donation with a corporate matching gift from your employer!

DILLONS COMMUNITY REWARDS

Without losing your reward points, give back every time you shop at Dillons!

LEAVE A LEGACY

Remember Guadalupe Clinic in your will to leave a legacy and help sustain our mission for many years to come.





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If you would like to change your contact preferences, contact: quadalupe@quadalupeclinic.com

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